

PCS JOBCARE OFFICES

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Caring for and supporting children and families

PCS JOBCARE EMPLOYEE ASSISTANCE PROGRAM

PROMOTING EXCELLENCE IN THE WORKPLACE

Helping your company maximize
its most important asset...

people.



Touching Lives for Greatness

What is Jobcare?

Jobcare is PCS's Employee Assistance Program—a benefit that provides a confidential referral and counseling service to a company's employees. It is an open channel for employees to request and receive help before a personal or professional problem becomes too overwhelming and complex. Jobcare provides mental health services, especially at times when people are ill-equipped to know how or where to look for help. It can serve as an immediate resource for employees and their dependents to receive quality mental health care at no cost to them. Jobcare is broad-based in approach and addresses the full spectrum of personal, family, mental health, and substance abuse issues.

What does Jobcare do?

Jobcare provides a full assessment of the company's needs in order to determine the best supportive mechanisms for the company's employees. After that, a trained clinician will complete an assessment on each client to determine the most appropriate form of treatment. Often, short-term, goal-directed treatment options will be offered. When appropriate, clients may be referred to other professionals or to community-based programs. PCS Jobcare provides 24-hour emergency telephone coverage. A member of our clinical staff is available for crises which occur during "off" hours. This convenient service is designed to give full support to either supervisors or employees who are in need of emergency services. The goal is to restore the client to health and emotional stability.

Who is Jobcare for?

Jobcare is for employees who are struggling with personal, family, and/or work related issues. Employees may refer themselves or may be referred by their company. Companies may refer employees if concerns arise regarding decreased job performance, increased absenteeism, or other signs of difficulty. We offer a variety of program packages, any of which can be tailored to meet the company's specifications. Early identification and resolution of personal problems can often avert greater health care costs, as well as enable employees to maintain productivity, benefiting both the employer and the employee.

Services offered by Jobcare:

- Individual counseling for adults, children, and families
- Marital and pre-marital counseling
- Drug & alcohol testing and assessment
- Intensive outpatient drug & alcohol programs (IOP)
- Grief counseling
- Vocational counseling
- Referral for psychiatric care
- Wellness and stress management seminars
- Managerial/promotion assessment
- Management training seminars

