

PCS RESPITE CARE OFFICES

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Caring for and supporting children and families

RESPITE CARE

SUPPORTING THE UNITY OF FAMILIES

The best minute you spend...
is the one you
invest in others.



Touching Lives for Greatness

What is Respite Care?

Roy Smith, founder of PCS, and his wife Jan have a son with severe disabilities. They understand not only the emotional and physical stress that comes along with caring for a special needs child, but also the importance of getting time away—which is exactly what our Respite Care program does.

Respite Care is a short-term service that provides families with the support they need to maintain their child with special needs at home.

The philosophy of Respite Care is based on the belief that children with special needs benefit most from care that is provided in their own home and community.

What does Respite Care do?

Respite Care provides support to families while they care for their special needs child. A Respite Care worker with mental health and behavior management training works with the child for a specified number of hours per week. A Respite Care worker may provide assistance with leisurely tasks such as constructive play or outdoor activities as well as assist with more dependent tasks like feeding and diapering. A driving goal of the program is to provide some relief to primary caregivers and family. The PCS Respite Program is provided during the day, evening, and on weekends.

Who is Respite Care for?

All parents need a break now and then, especially those who care for a special needs child. Our Respite Program provides parents with free time to spend how they choose—it could mean running errands or catching a movie with their other children.

Respite Care is available to children up to age 21 who have behavioral difficulties and who are covered by Medical Assistance.

Studies show that divorce rates are higher among families of children with disabilities and chronic illnesses compared to other groups. Respite Care can benefit these families in the following ways:

- Helping prevent “burnout” and family disintegration
- Providing much needed relief to primary caregivers
- Assisting caregivers and client with leisurely and dependent tasks
- Providing parents with free time which can be spent with other children

